

COVID-19: TRAVEL OUTSIDE CANADA: INSTRUCTIONS (Version Date: March 15, 2020, 4 pm)

The Federal government has issued a **Pandemic COVID-19 advisory for all countries: avoid non-essential travel outside Canada.**

All people returning from travel to Hubei Province (China), Iran or Italy, are required to self-identify to Toronto Public Health at 416-338-7600 within 24 hours of arriving in Canada.

Sinai Health employees, physicians and learners travelling outside of Canada are required to comply with the following self-screening process:

1. PRE-TRAVEL- before departure from Toronto:

- Complete the attached *PRE-TRAVEL INFORMATION* sheet and submit it to Occupational Health

2. POST-TRAVEL- upon return to Toronto:

- Contact Occupational Health to report the presence or absence of Reportable Symptoms* and:

I. If Asymptomatic (Absence of Reportable Symptoms*)

- Return to work on your next scheduled shift
- Complete the attached *SELF-SCREENING SHEET* for 14 consecutive days from date of arrival in Canada
- Submit the completed *SELF-SCREENING SHEET* to Occupational Health by fax or email
- Occupational Health will then conclude your self-screening requirement and clear you to return to the work without restrictions or monitoring

IMPORTANT: If Reportable Symptoms develop at any point in the 14 day self-screening period, immediately follow process for "Symptomatic"

II. If Symptomatic (Presence one or more Reportable Symptom*)

- DO NOT return to work
- Call the Sick Line or email Occupational Health (do not visit OH in person)
- Call your Manager/ Department to advise you are not permitted to work until you have been assessed by Occupational Health

*Reportable Symptoms:

- | | |
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| <input type="checkbox"/> Fever (equal to or greater than 38°C) | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Sore Throat |
| <input type="checkbox"/> Runny Nose or Nasal Congestion | <input type="checkbox"/> Gastrointestinal symptoms (vomiting or diarrhea) |

Occupational Health Contact Information

Site	Sick Line (voicemail only)	Reception (answered during business hours)	Fax	Email
BAH	416 - 461-8252 x 2803	416 - 461- 8252 x 2802	416 - 470 - 6725	backtowork@sinaihealth.ca
MSH	416 - 586-4800 x 7425	416 - 586- 4800 x 3907	416 - 361 - 2663	backtowork@sinaihealth.ca