

October 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>1</div> <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	<div>2</div> <div>■ Caregivers and Puppets: The Perfect Pair 2 to 3 p.m.</div>	<div>3</div> <div>■ WoodGreen - Self-Care 10 to 11:30 a.m. In person</div>	<div>4</div> <div>■ Non-Violent Communication Caregiving, Conflict & Compassionate Communication 11 to 12 a.m.</div>
<div>5</div> <div>■ Minor Disruption: Art piece being installed on the wall</div>	<div>6</div> <div>■ Caregiver Chat 6 to 7 p.m. In person</div>	<div>7</div> <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	<div>8</div> <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	<div>9</div> <div>■ PTSD in Unpaid Caregivers: Risks, Signs, and Support 2 to 3 p.m.</div>	<div>10</div>	<div>11</div> <div>■ Supporting Kin, Adoptive Parents and Caregivers: Challenges and Support 11 to 12 a.m.</div>
<div>12</div> <div>■ Everyday Resiliency in Times of Uncertainty: How to Protect Your Core 11 to 12 a.m.</div>	<div>13</div> <div>■ Caregiver Chat 6 to 7 p.m. In person</div>	<div>14</div> <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	<div>15</div> <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	<div>16</div> <div>■ Providing Care to 2SLGBTQ Persons 2 to 3 p.m.</div>	<div>17</div>	<div>18</div> <div>■ Supporting Kin, Adoptive Parents and Caregivers: Challenges and Support 11 to 12 a.m.</div>
<div>19</div> <div>■ Responsive Behaviours Person Centered and Practical Approaches to Care 11 to 12 a.m.</div>	<div>20</div> <div>■ Caregiver Chat 6 to 7 p.m. In person</div>	<div>21</div> <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	<div>22</div> <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	<div>23</div> <div>■ Understanding Healthcare Consent Laws and Rules 2 to 3 p.m.</div>	<div>24</div>	<div>25</div> <div>■ Financial Planning for Caregivers 11 to 12 a.m.</div>
<div>26</div> <div>■ Responsive Behaviours Person Centered and Practical Approaches to Care 11 to 12 a.m.</div>	<div>27</div> <div>■ Caregiver Chat 6 to 7 p.m. In person</div>	<div>28</div> <div>■ Supporting Caregivers of People with Dementia and Chronic Illness: Group Program for Loss, Grief and Emotion Supports 4 to 5:30 p.m. In person <i>Registration Required</i></div>	<div>29</div> <div>■ Infection Prevention and Control: How to protect yourself and others from respiratory viruses 1 to 1:30 p.m. In person</div>	<div>30</div> <div>■ Balancing Work and Care: Finding strategies that work for you 2 to 3 p.m.</div>	<div>31</div>	<div>Legend</div> <div>■ Webinar</div> <div>■ Community partner</div> <div>■ Education</div> <div>■ Caregiver support</div> <div>■ Skill building</div>