

December 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 <div>■ Tools for Better Transitions Between Hospital and Home 11 to 12 p.m.</div>	24 <div>■ Caregiver Chat 10 to 11 a.m. In person 11 a.m.</div>	25 <div>■ Live Piano 10 to 10:30a.m. ■ Supporting Caregivers of People with Dementia and Chronic Illness 4:30 to 6 p.m. In person <i>Registration Required</i></div>	26 <div>■ Infection Prevention and Control: COVID-19 1 to 1:30 p.m. ■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	27 <div>■ Supporting Kin, Adoptive Parents and Caregivers: Challenges and Support 2 to 3 p.m.</div>	28	29 <div>■ Preparing for the Future: Advance Care Planning for Caregivers 12 to 1 p.m.</div>
30 <div>■ Creating a Life You Love 11 to 12 p.m.</div>	1 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	2 <div>■ Live Piano 10 to 10:30 a.m. ■ Supporting Caregivers of People with Dementia and Chronic Illness 4:30 to 6 p.m. In person <i>Registration Required</i></div>	3 <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	4 <div>■ Caregiver Mental Health: How to Reduce Anxiety for Better Living 2 to 3 p.m.</div>	5 <div>■ WoodGreen: Breathing Space 10 to 11:30 a.m. In person</div>	6 <div>■ Caregiving During the Holidays: Expectation vs Reality, and Self-Care 12 to 1 p.m.</div>
7 <div>■ Creating a Life You Love 11 to 12 p.m.</div>	8 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	9 <div>■ Live Piano 10 to 10:30 a.m.</div>	10 <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	11 <div>■ Providing Care to 2SLGBTQ Persons 2 to 3 p.m.</div>	12	13 <div>■ Nourishing the Caregiver 12 to 1 p.m.</div>
14 <div>■ Everyday Resiliency in Times of Uncertainty: How to Protect Your Core 11 to 12 p.m.</div>	15 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	16 <div>■ Live Piano 10 to 10:30 a.m. ■ Supporting Caregivers of People with Dementia and Chronic Illness 4:30 to 6 p.m. In person <i>Registration Required</i></div>	17 <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	18 <div>■ Caregivers and Puppets: The Perfect Pair 2 to 3 p.m.</div>	19	20 <div>■ Caregiving During the Holidays: Expectation vs Reality, and Self-Care 12 to 1 p.m.</div>
21 <div>■ Q&A on Compassionate Communication & Self-Empathy for Caregivers 11 to 12 p.m.</div>	22 <div>■ Caregiver Chat 10 to 11 a.m. In person 11 a.m.</div>	23 <div>■ Live Piano 10 to 10:30 a.m. ■ Supporting Caregivers of People with Dementia and Chronic Illness 4:30 to 6 p.m. In person <i>Registration Required</i></div>	24	25	26	27