

Stool Collection for Fecal Calprotectin

■ Purpose

This test measures a protein called calprotectin in a sample of your stool.

■ Clinical significance

Differentiating inflammatory bowel disease (IBD) and irritable bowel syndrome (IBS), monitoring IBD treatment and in detecting IBD relapse.

■ What you will receive in the kit:

- 1 pink-cap (sterile) container
- 1 specimen hat
- Biohazard bag
- Lab form(s) and ID (barcoded) labels

Check that Lab Form and barcode labels have your correct name and information

■ Before you begin

Ask your healthcare provider (physician) if you need to stop taking any medicines before your test.

Instructions

Steps

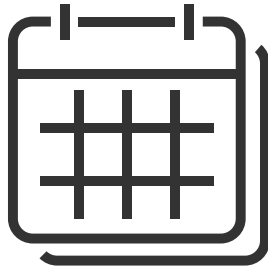
1. Collect stool using the specimen hat provided. **Do not mix stool with urine or toilet water.**



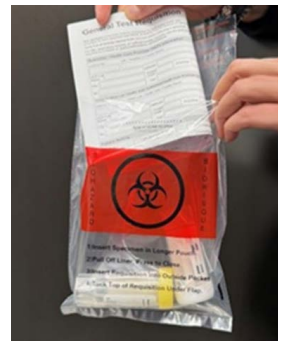
2. Use wooden stick provided to transfer a small amount of stool to the pink top container. **Close the container tightly**



3. Write date and time of collection on the lab form.



4. Place container into the biohazard bag, seal bag and place the lab form in the outer pocket of the bag.



5. Wash your hands with soap and water.



6. Store sample in refrigerator (2-8 °C).

Return sample to the lab within 48 hours.

Ambulatory lab hours:
Monday to Friday
8:00 a.m. to 5:00 p.m.