

Stool Collection for Ova and Parasite Test

■ Purpose

This test looks for parasites or their eggs in your stool.

■ What you will receive in the kit:

- 3 Yellow-cap vials (with SAF fixative)
- 3 White-cap (sterile) vials
- 3 specimen hats
- Biohazard bags
- Lab form(s) and ID labels
- Check that Lab Form and barcode labels are correct
- Do NOT discard fluid in yellow-cap vial



Safety

Yellow-cap vial contains SAF preservative, which is poisonous.

If swallowed, call Ontario Poison Centre: 1-844-764-7669

■ Before you begin, avoid for 5 days before collection:

- Laxatives
- Anti-diarrheals
- Barium, bismuth, magnesium
- Antibiotics
- Enemas
- Products like Vagisil, nystatin cream, spermicides

Instructions

Day 1.

1. Collect stool using the specimen hat provided. **Do not mix stool with urine or toilet water.**



2. Fill each vial using the spoon attached inside the caps. Scoop from beginning, middle, and end of the stool.

Note:

For Yellow Cap:

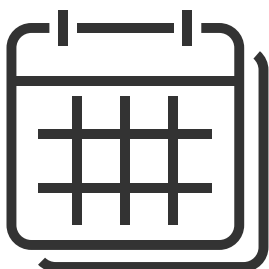
- Add stool until fluid reaches the "fill line"
- Mix well
- Close tightly

For White Cap:

- Add small amount of stool
- Close tightly



3. Write date and time of collection on the lab form.



4. Place both vials into the biohazard bag, seal bag and place the lab form in the outer pocket of the bag.



5. **Return each set of samples to the lab within 72 hours.**

Lab hours:

Monday to Friday

8:00 a.m. to 5:00 p.m.

Storage instructions (if not returning same day)

- Yellow Cap vial – Store at room temperature (20 - 25 °C)
- White Cap vial – Store in the refrigerator (2-8 °C)

6. Repeat steps 1 to 5 for collection on alternate days (Day 3 and Day 5).