



Report to the Community 2017/18

Care

is at the very heart of Sinai Health

We are a health system built on serving various ages and stages of life.

Every day, we strive for a new model of excellent and fully integrated care—one that supports our patients during their most critical health-care moments and all the in-between times, too. Health care is never a straight line; it is a journey. We partner with our patients, families and caregivers to help navigate those twists and turns, so their journeys are both personalized and seamless. We are a health system built on serving various ages and stages of life, from bringing precious lives into the world, to ensuring lives are as healthy and active as possible for our aging population.

Finding better ways to recognize and respond to the changing needs of patients and clients is at the core of what motivates us at Sinai Health System. We are breaking down barriers to deliver the right care, at the right time, in the right setting—at Bridgepoint Active Healthcare, Mount Sinai Hospital, or at home with support from Circle of Care.

And as a world-class academic health sciences centre, we are driven by the pursuit of discovery. Our Lunenfeld-Tanenbaum Research Institute consistently demonstrates that the integration of research across Sinai Health has boundless potential. We are also dedicated to enriching and advancing our knowledge base throughout our organization, and training the next generation of health-care providers.

Our extraordinary team of professionals, health-care partners and dedicated community of supporters allow us to strengthen our commitment to care.

Together, we are pushing the boundaries of what can be achieved in patient care, research and education.



Our strategic priorities

Big dreams require clearly articulated and focused priorities; our strategic blueprint guided our plans and progress over the past year. We are bringing more energy, more investment and more structure to the work we do, so that we can continue to enhance care today and build for tomorrow.

Our strategic priorities are:

Clinical Excellence Growth & Investment Operational Effectiveness Research & Education

Throughout this report, you will learn how we are advancing these areas and improving the lives of people locally, across Canada and beyond.

A Message from Our Leaders

At Sinai Health System our agenda of transformation focuses on patient impact. This means that we ask fundamental questions of ourselves. Have patient outcomes improved by a discovery that we've initiated? Have we improved the patient and caregiver experience? The stresses in our health-care system are well known, and our focus on patient experience and outcomes is the fundamental principle of how we, at Sinai Health, are working to address those pressures. This report highlights just a few of the extraordinary successes that we've had in the last year.

We underwent our first system-wide Accreditation Canada review, just three short years since amalgamating. Judged against national quality and safety standards, we were awarded Exemplary Standing, putting us among the top ranks of Canadian hospitals. We celebrated the achievement while continuing to challenge ourselves to do better.

We responded to needs in Ontario's health-care system. In partnership with the Ministry of Health and Long-Term Care, we increased bed capacity in our Newton Glassman Charitable Foundation Neonatal Intensive Care Unit (NICU) at Mount Sinai and added surge beds at Bridgepoint. And we created new and exciting programs for our province and country. Our recently launched Ontario Fetal Centre, a Canadian first, will allow us to address health conditions of babies before birth, and our acclaimed programs at the Cyril & Dorothy, Joel & Jill Reitman Centre for Alzheimer's Support and Training are now available in communities across Ontario. With our partners, including Circle of Care, we have facilitated faster and safer discharges when patients leave our hospitals.

Renew Sinai Phase 3A, our next phase of construction at Mount Sinai, began this year. This will allow us to treat even more patients in our surgical, medical, emergency and ambulatory areas.





We have had renewal in our clinical leadership with new Chiefs in Medicine, Psychiatry, Ophthalmology and Emergency Medicine. We invested in new academic leadership roles in Palliative Care, Hospital Medicine, and Physical Medicine and Rehabilitation, and are reimagining our Christopher Sharp Cancer Centre.

Our academic mandate and its global impact continue to flourish, with collaborations between researchers at the Lunenfeld-Tanenbaum Research Institute that lead to discoveries and improved health outcomes. LTRI scientists are the top recipients of peer-reviewed funding per investigator in Canada. The recruitment of a star California-based scientist to a prestigious Canada 150 research chair in fetal development at the LTRI is a testament to our vibrant research environment.

We are immensely grateful to everyone who helped us achieve excellence this year. Our community partners allow us to have impact across Ontario. Our clinicians relentlessly seek better ways to deliver care. Our researchers imagine the unimaginable. Our learners bring us fresh perspectives. All of our people make Sinai Health an extraordinary place to work. Our philanthropic community and Board of Directors energize and inspire us, and fuel our ambitions.

We would like to acknowledge the meaningful contributions of Honey Sherman who brought insight, energy and passion to our Board, and who, tragically, we lost this year. We continue to mourn Honey and her husband Barry, and cherish their legacy.

Most importantly, thank you to our patients and their families who drive everything we do and inspire us every day, providing thoughtful ideas about how to improve care.

Brent S. Belzberg Chair, Board of Directors Sinai Health System **Dr. Gary Newton**President and CEO
Sinai Health System



Clinical Excellence

At Sinai Health, our aims are high and our focus unwavering. At our core is the drive to ensure the best possible healthcare experiences and outcomes for our patients and those who care for them.

We're re-imagining care, building from a strong foundation of excellence.

In the past year, our exceptional clinicians continued to deliver high-quality care while implementing new, integrated models for tomorrow.

Leaders within many of our key areas of clinical focus—Women's and Infants, Chronic Disease Management, Healthy Aging and Geriatrics, Specialized Cancer Care, Emergency Medicine, Palliative Care and Physical Medicine Rehabilitation—all innovated and transformed care across our system and strengthened the quality and safety of our practices.

While patients and clients are at the heart of everything that we do, we are also focused on developing meaningful supports for an indispensable yet sometimes overlooked group of people: the relatives and friends who become caregivers to a loved one.

Here are just a few examples of our exceptional clinical achievements:

An exemplary health system

Just three years after the creation of Sinai Health System, Accreditation Canada awarded us Exemplary Standing, its top designation for hospital quality and safety, putting us amongst the top ranks of Canadian hospitals. The health-care experts who visited our Bridgepoint and Mount Sinai campuses for our first combined accreditation survey gave a glowing report commending our people and our organization for excellence in patient care.

Lifesaving surgeryeven before birth

An incredible one hundred-plus in utero surgeries are performed annually at Mount Sinai Hospital —and the year still saw two major firsts. Dr. Greg Ryan headed a team that operated on baby Sebastian five days before birth to address a severe form of congenital heart defect called Transposition of the Great Arteries. Sebastian was then able to undergo a full repair of his heart a few days after he was born. And Canadian medical history was made when a form of spina bifida was repaired in a 25-week-old fetus. That allowed mom Romeila to stay in Canada, rather than travel to the United States for surgery, and today, baby Eiko is a happy little girl and is thriving. We are thrilled that Mount Sinai, with its partner Hospital for Sick Children, was awarded funding to launch the Ontario Fetal Centre. It's a development that will allow for even greater access to lifesaving and life-changing surgeries and procedures like these.

NICU model improves outcomes for preterm babies

Some of the tiniest and most fragile babies are cared for in the Newton Glassman Charitable. Foundation Neonatal Intensive Care Unit (NICU) at Mount Sinai Hospital. In 2015, the Glassman NICU adopted a Family Integrated Care (FICare) model in which parents become an indispensable part of their baby's care team, and hospital staff quickly observed that, not only did the babies grow and feed better, but parents felt less stressed, more involved, and happier, too. One of the world's top medical journals, The Lancet, recently published a new study by Sinai Health neonatologist Dr. Karel O'Brien and principal investigator Dr. Shoo Lee, Chief of Pediatrics that provided evidence of the remarkable success of this program.



Dr. Karel O'Brien with Amy, mother of twins in the NICU, participating in Family Integrated Care

New, groundbreaking sarcoma drug

A newly approved, groundbreaking drug used in conjunction with radiotherapy has been proven to prolong the lives of patients with soft-tissue sarcoma—a rare cancer that is very challenging to treat. Mount Sinai's internationally recognized sarcoma program is the largest in Canada, and Medical Oncologist Dr. Albiruni Razak was involved in the clinical trial of the new treatment.

Innovation in stroke rehabilitation

The clinicians on our world-leading stroke rehabilitation teams at Bridgepoint Active Healthcare strive to make stroke assessment and treatment as seamless as possible. They recently developed a new screening tool to simplify the admission process and enhance the care experience. The tool has sped up admission timelines, increased patient and family engagement, and resulted in improved early goal setting and stroke education.



Tech to support dementia care

Caring for a loved one who has dementia can be challenging and stressful. Dementia Advisor—a new mobile app—uses interactive, chat-based role playing to guide family caregivers in learning to deal with difficult dementia behaviours.

The app was developed by the team at the Cyril & Dorothy, Joel & Jill Reitman Centre for Alzheimer's Support and Training. The Centre is led by Dr. Joel Sadavoy, the Sam and Judy Pencer and Family Chair in Geriatric Psychiatry, and is a leader in offering support to caregivers across the Greater Toronto Area.

operation and clinical agendas reinforce one another, resources become aligned with what matters most to our patients and family caregivers, and to staff.

- Jane Merkley, Executive Vice President, Chief Nursing Executive and Chief Operating Officer

Our Commitment to Quality

At Sinai Health, we recognize that innovation leads to high-quality care—and that everyone has a role to play. Our health-care professionals continuously evaluate how we're doing things to ensure that patients receive care that is safe, timely, effective and patient and family-centred. Quality innovations happen at the bedside, department-wide, and across our System. We also engage patients, clients and family caregivers in our quality process so that their knowledge, experiences and observations inform and improve the care we provide.

- The risk of a frail patient or client falling is something that always concerns our sector because of serious injury and further complications. We have implemented several initiatives to reduce those risks. Bridgepoint Active Healthcare is the first hospital in North America to install SmartCells™ flooring—a cushioning technology designed to reduce injury in the event of a fall. The Falls Prevention Program at Circle of Care includes physical activity for older adults to help reduce falls and fall-related complications, and to increase mobility and help maintain a regular, active, healthy lifestyle.
- The Schwartz/Reisman Emergency Centre at Mount Sinai Hospital provides urgent care to over 60,000 patients a year. Finding ways to provide care that increases patient flow and reduces wait times is always top of mind for our emergency department care team. In the past year, our implemented initiatives made us a top performer among the academic health science centres in the Toronto Central LHIN, ranking in the top ten in Ontario.
- Sinai Health is partnering with family caregivers to ensure they are integral members of the care team. Thanks to a multi-year, multimillion-dollar grant from The Change Foundation, an independent think tank aimed at enhancing patient and caregiver experiences, we established working groups in our neonatal intensive care unit, stroke rehabilitation, and palliative programs for caregivers to play a vital role in the delivery of care.

Towards the end of a hospital stay, patients and caregivers may feel anxious about the transition back home, due to a lack of understanding about how to access community supports. To help address that gap, a collaborative pilot program was launched at Mount Sinai Hospital that leverages Circle of Care's expertise in the community. A community social worker from Circle of Care works with patients and families pre- and post-discharge to ensure a successful transition home.



Leonora Durango, personal support worker with Circle of Care, helps Mr. Marcus navigate his home safely

Academic Practice Strategy

Through research and knowledge translation, our nurses, social workers, physiotherapists, respiratory therapists, and other health professionals are evolving the way we deliver care. Our newly launched Academic Practice strategy is our commitment to be leaders in providing

evidence-informed, integrated and patientcentred care through a culture of compassion, scholarship, and innovation. The five-year plan is anchored in Sinai Health's commitment to supporting and educating our professionals.





gives our tiniest, most fragile, most helpless babies a fighting chance at life, and the gift of walking, fewer surgeries, and in some cases survival.

It's amazing what these doctors can do!

- Romeila Son, mother and patient



Growth and Investment

At Sinai Health, we are caring for our patients and clients today, while building for tomorrow.

We have always been ambitious, and the past year saw enormous investment in our facilities, systems and equipment.

As health care transforms to meet the changing needs of patients and their loved ones, our physical spaces and technology must also evolve.

While dynamic infrastructure is critical to caring for our patients, spaces are nothing without the highly skilled and compassionate professionals who work across Sinai Health. Our newly launched People Plan will fundamentally shape how our organization functions, by recognizing the need to invest in our most valuable resource—the people who are delivering and enabling the very best care for patients. We also continue to grow and strengthen relationships with vital partners in the community, not only meeting the needs of our expanding and diverse patient population, but also contributing to improved care across the broader health-care system.

Here are just a few examples of how we are growing and evolving:

Renew Sinai enters Phase 3A

Construction began in the past year to double the size of our Schwartz/Reisman Emergency Centre, and to build 19 state-of-the-art operating rooms and a new Intensive Care Unit. New ambulatory clinical areas—such as our Wasser Pain Management Centre and Rehab and Wellbeing Centre—have already opened. Phase 3A is the most ambitious construction project we've ever undertaken. It will culminate in a completely reimagined health-care experience for our patients.

People Plan

We launched a clear plan that outlines how we will lead, engage, support and develop our employees, learners, physicians, scientists and volunteers. It is one of the most important investments we are making in our future. To fulfil our commitment to provide the best possible care, the People Plan ensures that whether at the bedside, supporting front-line care, or performing any of the countless activities our people carry out across Sinai Health, they are valued and supported.



Purchase of 40 Murray Street

With the purchase of the parking garage at 40 Murray Street behind Mount Sinai Hospital, planning is underway for a feasibility study on expanding the physical footprint of the campus. While the immediate capital redevelopment focus remains on Mount Sinai Hospital, the strategic land investment opens up future plans for a physically integrated academic health-care campus.

6 Our redevelopment will be a transformative step in the evolution of care in our Schwartz/Reisman Emergency Centre. 77

- Dr. David Dushenski Chief of Emergency Medicine, Sinai Health System

Investment in population health

Environment, social factors and community can all impact health. Addressing issues such as poverty, homelessness, mental health and racism requires strategic partnerships. The Population Health Solutions Lab, based at our Bridgepoint Active Healthcare campus, was launched through the combined efforts of Sinai Health System, Toronto Central LHIN, the Ministry of Health and Long-Term Care, the Dalla Lana School of Public Health, the Wellesley Institute, and Toronto Public Health.



Partnering to ensure smooth transitions

In our ongoing efforts to ensure our patients receive the right care at the right time, Sinai Health has partnered with The Rekai Centre to pilot a Transitional Care Unit for patients who are ready to leave hospital but who are not yet ready or able to go home or to move to a community facility. Located in a long-term care facility in downtown Toronto, the 10-bed, purpose-built unit supports patients so that they can regain strength and independence—and return to their community when they are ready.

Integrated health record to enhance the care experience

We launched an exciting new information technology project to support our patients who require surgery. Recognizing that one of the biggest risk factors in health care is fragmented care, our new Perioperative Clinical Information System will have every patient's end-to-end perioperative journey fully documented. This will increase safety, strengthen communication between transitions of care, and foster multi-disciplinary and interdepartmental collaboration with a shared, integrated electronic health record.

It truly takes a village to move an idea to reality. I feel that's what we are doing here, working to improve the patient journey and providing a model for the health-care system as a whole.

- Dr. Gary Newton, President and CEO



Research and Education

Discovery has always required a fierce determination first to understand how our bodies normally function and then, with ingenuity, creativity and persistence, find solutions to treat some of the most challenging diseases of our time and to address obstacles to care. In the past year, our Lunenfeld-Tanenbaum Research Institute (LTRI) made some breathtaking discoveries in understanding the mysterious and miraculous world of how our cells function in health and in illness.

Those discoveries are shared with scientists across the globe to help further knowledge and unravel the most important biological questions.

Scientists at the Bridgepoint Collaboratory—part of the LTRI—continued their work to better understand how our complex healthcare system can improve care for increasingly complex patient populations (patients with multiple conditions). And throughout every area of our organization, we taught, and learned from, the next generation of scientists, nurses, physicians, allied health professionals and others.

Here are just a few examples of how we propelled discoveries and expanded our knowledge:

Fighting disease at the cellular level

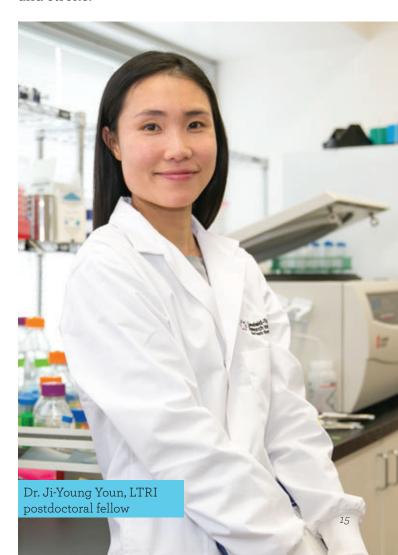
Understanding the role of each protein in a cell is key to understanding the body's ability to fight diseases such as cancer. Dr. Ji-Young Youn, Postdoctoral Fellow in Dr. Anne-Claude Gingras' lab, developed a tool to add a label to proteins within specific geographic locations of each cell. This high-definition protein map allows our scientists to test for new functions of previously uncharacterized proteins through knowledge of their nearest neighbours—like a "Google Street View" for our cells.

New CRISPR technology gives hope for future cancer treatments

Many diseases, including cancer, are triggered by mutations in genes—sometimes people are born with one of those mutations, and sometimes a mutation can develop. But not all mutations are dangerous. To advance treatments that target diseases like cancer, scientists need to know which mutations actually play a role in triggering disease. LTRI scientists, and researchers around the world, are using a new technology called CRISPR to "edit" genes, so they can test whether a mutation is actually causing or accelerating a disease—or if it's just a random bystander. Dr. Dan Durocher, the Thomas Kierans Research Chair in Mechanisms of Cancer Development, made a significant advance using CRISPR. He discovered that when a specific protein involved in DNA repair is inhibited, the efficiency of gene editing is elevated six-fold. That new knowledge increases the potential of one day using that exciting technology to treat many diseases.

Halting diabetes and its complications in its tracks

Dr. Ravi Retnakaran is an Endocrinologist at The Leadership Sinai Centre for Diabetes. His clinical research focuses on how to induce and maintain a remission in type 2 diabetes patients. Last year, he was appointed the inaugural Boehringer Ingelheim Chair in Beta-Cell Preservation, Function and Regeneration. Understanding the role of pancreatic beta-cell function in diabetes is at the centre of a worldwide effort to address the disease and its associated complications like heart disease and stroke.



Unlocking new pathways to new cancer treatments

Understanding the complex cellular pathways involved in cancer is critical to understanding the disease itself and may provide insights for development of new treatments targeted at the pathways that are "broken" in cancer. In a study funded by the Terry Fox Foundation, Drs. Frank Sicheri and Anne-Claude Gingras have identified the role of a new player in a pathway—called Hippo—that acts to control size of normal tissue. The novelty of the Hippo pathway presents untapped opportunities for new anti-cancer treatments.

Co-designing care with caregivers

Increasing evidence shows that engaging family and friend caregivers in the design of treatment plans can improve care quality and outcomes for both patients and caregivers. The research team based at the Bridgepoint Collaboratory, which is focused on population health, have developed optimal ways to work, and "co-design" care, with caregivers themselves. Led by Dr. Kerry Kuluski and her team, caregivers, researchers and clinical program leaders from the health-care sector developed 16 core principles that will be shared internationally as a teaching tool.

LTRI awarded one of four Canada 150 Chairs

Dr. Miguel Ramalho-Santos, the Harvard-trained researcher newly recruited to the LTRI, has been appointed as the Canada 150 Chair in Developmental Epigenetics—one of just four Canada 150 Chairs nationally. His work focuses on how environmental cues influence early stages of fetal development and their long-term impacts on adult health. His research holds enormous promise for improving fertility treatments, pregnancy outcomes, and women's and children's health.

into new treatments has allowed me to enjoy physical activities again, and I'm determined to live each day as best I can. Research is a big part of why I still have hope.

- Erinn, patient

Education

Across our entire system, we foster a culture in which everyone is a learner. In the past year, the growth of learning programs at all sites has strengthened education opportunities. Ultimately, that translates to more integration and better care for patients and families through the entire life cycle. Some highlights include:

SimSinai

The SimSinai Centre for simulation-based education and patient-centred initiatives celebrated its long-anticipated reopening. With new equipment and a larger and enhanced space, clinicians can practice their skills and reactions in simulated high-pressure situations. State-of-the-art control rooms with audio-video recording capabilities allow for assessment and reflection.

Growing our system-wide learning mandate

Through the creation of our People Plan and Academic Practice strategy, and supported by our Education portfolio, we envision an environment that promotes continuous learning and development. Last year's continued efforts to integrate our existing programs and to expand programs in medical and inter-professional education at our Bridgepoint campus are helping us realize this vision.

New curriculum launched

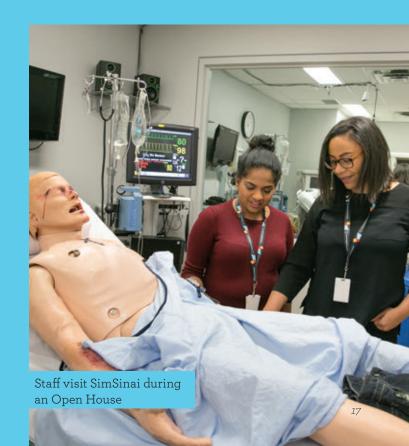
The way medical students learn is as important as what they learn in shaping our future doctors—which is why we always seek improved, evidence-based teaching methodologies. Our first-year medical students now go through a new curriculum that immerses students in intensive group modules that test their competencies in both basic medical sciences and clinical medical principles.

96% learner satisfaction in nursing

A recent satisfaction survey of nursing students provided overwhelming positive feedback with 95 percent recommending a placement at Sinai Health System.

Supporting the unique needs of Holocaust survivors

Twice a year, Circle of Care (CoC) employees have an opportunity to meet with some of the 1,400 Holocaust survivors whom CoC serves, to better understand the unique challenges and circumstances they and their families face. These education sessions provide context for the emotional trauma and physical limitations that persist among many of these clients.



Mount Sinai Hospital

28,669 Admissions/year

60,458 Emergency visits/year Total staff

MAGNET hospital in Canada

7,035 Births/year

Volunteers

Nurses

Physicians

Beds in service

Bridgepoint Active Healthcare



Nurses

Hours of patient programming

Outpatient visits/year

Design awards

Average number of disciplines per inter-professional patient-care team

Purpose-built hospital for complex patients

Beds in service

Volunteers

Total staff

Circle of Care

16,063
Clients

1,016
Volunteers

189,507 Meals delivered

23 Languages

spoken

120,439
Rides for seniors in 46 vehicles

14,587
Caregiver support visits

1,357,815 Hours of personal support

1,344Total staff

1,597
Holocaust survivors served

Lunenfeld-Tanenbaum Research Institute

355



Scientists, clinician scientists and research trainees

13

Fellows, Royal Society of Canada **720**

Primary research articles

\$19,000,000

Canadian Institutes of Health Research direct funding 1 Why

Canada research chairs

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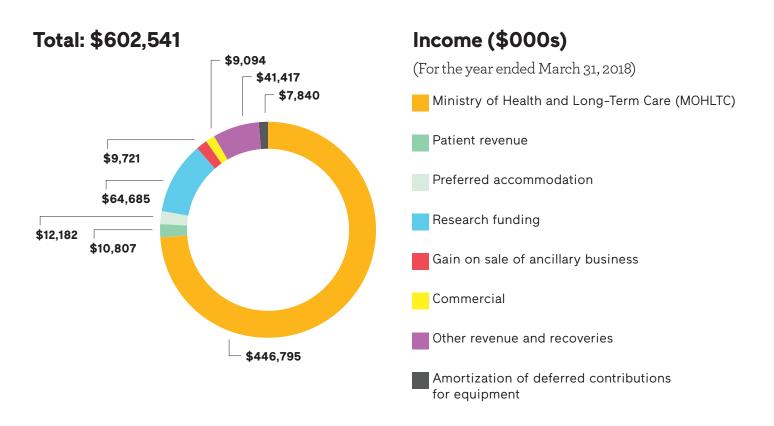
Treasurer Arthritis Research Foundation, CEO

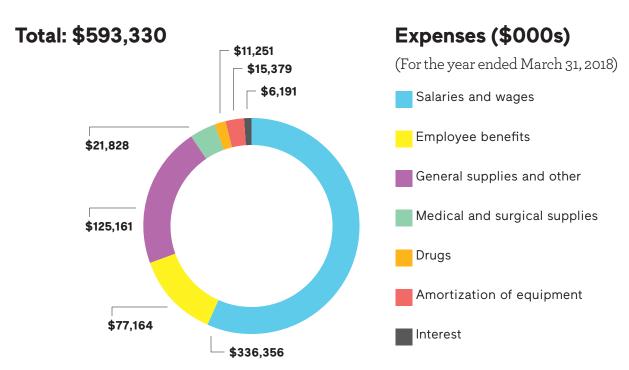
Donald Mackinnon Louis de Melo

Sinai Health System

Our Financials

The following charts show the distribution of income and expenses for Sinai Health System for 2017/18. Audited financial statements are available on our website.





Sinai Health Foundation

Endowments

Endowments play an instrumental role by providing long-term investment with lasting impact. The Sinai Health System Investment Committee's objective is to preserve the real value of capital while providing a stable and reliable source of income to Sinai Health System.

Sinai Health Foundation

Asset Allocation at Market Value as at March 31, 2018 (CDN \$000s)

Endowment Fund Investments	Cash Equivalents	Bonds	CDN Equities	US Equities	Int'l Equities	Alternative Strategies	March 31, 2018 Total
Total Amount	44,921	22,623	16,931	23,569	312	176	108,532
% of Portfolio	41.40%	20.80%	15.60%	21.70%	0.30%	0.20%	
Managers		PH&N State of Israel	Barometer TD Wealth- RBC Pembroke	Barometer TD Wealth- iShares	Barometer	HarbourEdge	

Bridgepoint Foundation

Asset Allocation at Market Value as at March 31, 2018 (CDN \$000s)

Endowment Fund Investments	Cash Equivalents	Bonds	CDN Equities	US Equities	Int'l Equities	Alternative Strategies	March 31, 2018 Total
Total Amount	243	1,463	948	1,410	700	-	4,764
% of Portfolio	5.10%	30.70%	19.90%	29.60%	14.70%		
Managers		Jarislowsky Fraser Limited					

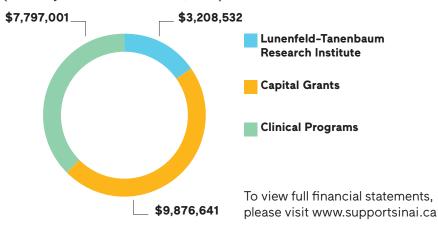
Arthritis Research Foundation

Asset Allocation at Market Value as at March 31, 2018 (CDN \$000s)

Endowment Fund Investments	Cash Equivalents	Bonds	CDN Equities	US Equities	Int'l Equities	Alternative Strategies	March 31, 2018 Total
Total Amount	945	8,652	6,635	4,618	2,965	-	23,816
% of Portfolio	3.97%	36.33%	27.86%	19.39%	12.45%		
Managers		MFS					

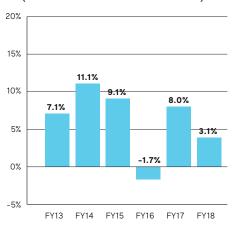
Combined Foundation Grants Distributed to Sinai Health System

(For the year ended March 31, 2018)



Portfolio Returns

(Investment Returns-Endowments)



The average return over the past six years has been approximately 6.02%

Portfolio Returns

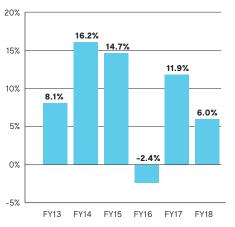
(Investment Returns-Endowments)



The average return over the past six years has been approximately 6.41%

Portfolio Returns

(Investment Returns-Endowments)



The average return over the past six years has been approximately 8.9%

Message from Sinai Health Foundation

It has been an exciting year at Sinai Health Foundation. With new leadership (CEO, Louis de Melo), we have undertaken a tremendous amount of work to develop a five-year strategic plan that will provide focus, inspiration and immense opportunity for growth. What has been equally exciting is the passion and engagement our volunteers have shown. They have played a critical role in defining our strategies and priorities for the years ahead, and we thank them for their efforts in shaping our future.

The strategic plan will allow us to push further and dream bigger than ever before. As we begin to rally our community around Mount Sinai Hospital's 100th anniversary celebrations—coming up in 2023—we are looking forward and building a world-class foundation that will support the priorities of Sinai Health System well into our next century.

Thanks to our valued community of donors, we have also raised critical funds to support seamless care and innovative research across Sinai Health. Philanthropy drives excellence and helps to ensure that Sinai Health is providing the right care, at the right time and in the right setting—whether in hospital, at home or in the community. Being able to support this extraordinary work is central to our strategic plan and will be our guiding light.

We are also proud to support our partners—Arthritis Research Foundation, Bridgepoint Foundation and Circle of Care:







- Bridgepoint Active Healthcare continues to conduct world-leading research into complex health conditions and to provide the best-possible care for complex patients in Canada;
- Our arthritis researchers are working around the clock to develop ever-more targeted and personalized treatments for patients; and
- Circle of Care is allowing seniors to live with dignity in their homes for as long as possible.

Unfortunately, last year also brought us moments of profound loss. We were saddened by the passing of Honey and Barry Sherman, Murray Koffler and Sydney Cooper, all of whom were visionary philanthropists and long-time friends and supporters of Sinai Health. Their leadership and generosity will always be remembered, and their legacy will live on through their families, friends and the extraordinary gifts they gave to the community.

Helping patients navigate their most critical health-care moments—and every moment in between—is what we do best at Sinai Health. This is made possible by you, our generous donors. Your support allows our clinicians, researchers and staff to provide the very best care. Thank you for believing in Sinai Health and for allowing us to do more for the people we care for every day. Sincerely,

David Cynamon

Co-Chair, Board of Directors Sinai Health Foundation Howard Sokolowski, O. Ont

Howal Sold

Co-Chair, Board of Directors Sinai Health Foundation Louis de Melo

Chief Executive Officer Sinai Health Foundation

Transforming care through community support

Every year, our dedicated community of supporters allows us to strengthen care and research across Sinai Health System. Whether through a transformational donation, attending an event, committing to a monthly contribution, or leaving a bequest to Sinai Health Foundation, every contribution allows us to put our patients, families and caregivers first. Here are some incredible gifts that have propelled Sinai Health's strategic priorities this past year:

Clinical Excellence

- Julia West and spouse Richard
 Wernham are just two of the more
 than 100 donors who generously
 invested in the Carol Mitchell
 Chair in Mature Women's Health
 that will provide resources for
 targeted research to advance care
 in this field. Dr. Wendy Wolfman is
 the inaugural chair holder.
- Our Healthy Ageing and Geriatrics Program delivers innovative care and support to older adults in hospital, in the community and in their homes, to maintain their health and independence. First Plazas Inc., as well as Abby Shawn and spouse David Shiller, are among the donors providing critical support to the program.
- Palliative care patients can face a range of physical, emotional and financial challenges—difficulties that may be exacerbated for those in financial need. Mitchell Goldhar had these patients in mind when he established the Mitchell Goldhar Patient Help Fund to support the purchase of medical devices and support services for palliative patients.
- Heart disease is the leading cause of death among Canadians.
 Business leader and philanthropist Miles Nadal gave a visionary gift to bolster our unique cardiac care and research to launch the Miles Nadal Heart Centre, which will help address this pressing issue.

Growth & Investment

- The redevelopment and expansion of Mount Sinai's Schwartz/Reisman Emergency Centre has begun, thanks to the generosity of Joey and Mary Furfari, Howard Bernick and Judy Bronfman, and many other donors. When completed in 2022, our emergency centre will be twice its current size and organized into major zones to better meet patients' needs.
- The Maxwell and Ruth Leroy
 Foundation has invested in leadingedge ultrasound imaging equipment
 to aid critically ill patients in Mount
 Sinai's Intensive Care Unit (ICU).
 The equipment is already helping
 ICU doctors to diagnose and treat
 patients and will be essential to our
 expanded facility when it opens
 in 2022.
- Moved by the personalized, state-of-the-art care his grandchildren received in Mount Sinai's Newton Glassman Charitable Foundation Neonatal Intensive Care Unit (NICU), Ken & Valerie Teslia decided to give back by supporting the NICU through the Teslia and Turner Family Foundation.
- Former Chair of Bridgepoint Colleen
 Johnston and her husband Brian
 have been long-time supporters and
 give annually in honour of Colleen's
 mother Christene, a former patient.
 A rehabilitation gym was named to
 recognize these meaningful gifts.

Research & Education

- Bharati Mukherjee has invested in research into soft tissue sarcoma at the Lunenfeld-Tanenbaum Research Institute (LTRI). This work is improving understanding and treatment of this particularly challenging cancer, which form in the body's connective tissues, including fat, muscles and blood vessels.
- Renowned opera singer Riki Turofsky and Sinai Health champion Camille Dan are long-time LTRI donors who appreciate the enduring value of endowments in supporting novel research. Riki and her husband Charles Petersen recently renewed their support for The Carrie Fund, a fund named in honour of their late daughter that fuels autoimmune research. A new gift from Camille has established the Camille Dan Family Endowed Scientist in support of research into autism spectrum disorder.
- Each year, thousands of medical students and veteran surgeons alike hone their abilities in the Surgical Skills Centre at Mount Sinai Hospital. They go on to use these skills to save the lives of patients here and around the world. A donation from Brenda and Samuel Gewurz is supporting the Centre's high-tech equipment.

Our Events

In the past year, 33 events were held in support of Sinai Health Foundation, which includes its partners, Arthritis Research Foundation and Bridgepoint Foundation. From golf tournaments to galas, every event aims to rally the community around raising funds to support the exceptional care and research happening across Sinai Health. Those events would not be possible without the dedication and generosity of our committees, sponsors, event organizers, attendees, and volunteers. Thank you for truly making a difference in the lives of the people we care for across our organization.



Fandango: Bernie Syron & Event Chair Carole Grafstein, C.M.



Serving for Sinai: Front row: Carly Bardikoff, Demi Sacks Back row: Louis de Melo, Zack Belzberg, Dr. Jim Woodgett, Jesse Abrams, David Cynamon



Sinai Porsche Rally: Pam Mecklinger and Jordy Mecklinger, (Event Chair)



Beyond Borders: Beyond Borders group on stage at the event



Day at the Races: Stacey Cynamon, David Cynamon, Max Gotlieb, Peter Kircher, Helen Ching-Kircher, Rick Lunny



Recovery Brunch: Aisling Flarity, Ahilan Kumaraverl, Rebecca Laramee (Future Sinai Chair), Amanda Rooke, Emma Dunne, Andrea Turner (Event Co-Chair), Ashley Salazar (Event Co-Chair), Kanika Kasal, Nicole Boncheff, Brittany Kumpula



Miles for Miracles: Tummers Family with Dr. Greg Ryan



Dream with Scientists: Judy Tanenbaum (Event Co-Chair), Darcy Oake, Stacey Cynamon (Event Co-Chair)



Mount Sinai Golf Classic: Shawn Mecklinger, Adam Kosoy, Tim Wilson, Jamie Grossman, Brian Cohen (Co-Chair), Jonathan Pollack, Stephen Miller (Co-Chair), Joel Seigel, Shane Grosman, Rob Kumer, Bill Arvanitis, Gavin Schwartzman



Milk Bank: Marissa Kassam, Lauren Granatstein, Ashley Steinhauer, and their babies



Radiothon: Tracy Abergel, Fairchild Radio Hosts and team, Amanda Rooke, Daisy Tse



Dream with Scientists



Harry Barberian Memorial Dinner: Ben Mulroney, Arron Barberian and Dr. Jeremy Freeman



Panov Gala: Adam Panov, Dr. Rochelle Schwartz, Elan Panov



The Great Jewellery Heist: Amber Choudhry (Event Chair) with Jeanne Beker

Sinai Health Foundation

Sinai Health Foundation makes every effort to ensure accuracy in its donor listing. However, should an error or omission occur, please email foundation.msh@sinaihealthsystem.ca or call 416-586-8203.

Thank you to our visionary donors for their lifetime commitment to Mount Sinai Hospital.

This list represents donors whose cumulative lifetime commitments total more than \$100,000 as of March 31, 2018.

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