

June 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				29 <div>■ Take a Breath! Tips From a Caregiver Coach 2 to 3 p.m.</div>	30	31 <div>■ Sharing Dance: The Role of Exercise in Promoting Health and Well-Being 2 to 3 p.m.</div>
1 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	2 <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	3 <div>■ Live Piano 10:15 to 10:45 a.m.</div>	4 <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	5 <div>■ How to provide care to people having surgery 2 to 3 p.m.</div>	6	7 <div>■ Promoting Health and Wellbeing Through Age Friendly Communities 2 to 3 p.m.</div>
8 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	9 <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	10 <div>■ Live Piano 10:15 to 10:45 a.m.</div>	11 <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	12 <div>■ Managing A Complex Relationship With The Person You Care For 2 to 3 p.m.</div>	13 <div>■ WoodGreen: Radical Acceptance 10 to 11:30 a.m. In person</div>	14 <div>■ Understanding Healthcare Consent Laws and Rules 2 to 3 p.m.</div>
15 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	16 <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	17 <div>■ Live Piano 10:15 to 10:45 a.m.</div>	18 <div>■ Tech Time: Learn to use your device 2 to 3 p.m. In person</div>	19 <div>■ Planning for An Unexpected Emergency: A Caregiver Guide 2 to 3 p.m.</div>	20	21 <div>■ After Stroke Support for Caregivers: Finding a Path Forward 2 to 3 p.m.</div>
22 <div>■ Caregiver Chat 10 to 11 a.m. In person</div>	23 <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	24 <div>■ Live Piano 10:15 to 10:45 a.m.</div>	25 <div>■ Infection Prevention and Control: VRE 1 to 1:30 p.m. In person</div>	26 <div>■ Peer Support for Families of Persons with a Developmental Disability 2 to 3 p.m.</div>	27	28 <div>■ Tips for Caregivers to Safely Assist with Mobility and Navigate Change 2 to 3 p.m.</div>
29 <div>■ Caregiver Chat 11 to 12 p.m. In person</div>	30 <div>■ Caregiver Chat 11 to 12 p.m. In person</div>					Legend <div><div>■ Webinar</div><div>■ Community partner</div><div>■ Education</div><div>■ Caregiver support</div><div>■ Skill building</div></div>