



N95 MASK FIT TESTING GUIDELINES

Sinai Health’s [Respiratory Protection Program Policy](#) is designed to help reduce employee exposure to potentially hazardous air contaminants. This program is required by legislation to ensure employee safety during the use of respirators as personal protective equipment.

Compliance with this program is mandatory for any SH employees, physicians, residents, fellows, or others who have been determined as being required to wear respirators during the course of their duties.

The following groups or departments have been identified as being required to complete mandatory N95 mask fitting every two years.

MOUNT SINAI CAMPUS

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| <ul style="list-style-type: none"> ▪ All in-patient nursing units ▪ ED, 12N oncology, EOPS, PAU, OR, Endoscopy ▪ Nursing Clinical Managers ▪ Health Disciplines (Allied Health) – including Physiotherapy, Occupational Therapy, Speech Language Pathology, Respiratory Therapy ▪ Microbiology and PLM Labs ▪ Pharmacy ▪ Medical Imaging | <ul style="list-style-type: none"> ▪ Biomedical Engineering, Building Services ▪ Family Medicine (60 Murray and Vaughn), Outpatient Psychiatry (including ACCT) ▪ Support Services, Housekeeping, Nutrition ▪ Admitting ▪ Social Work, Chaplaincy Services ▪ Infection Control & Prevention ▪ Occupational Health and Safety |
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N95 MASK FIT MODELS:

Employees within departments requiring N95 models that are fit tested with a different model are non-compliant and require to be re-fitted.

Mount Sinai (approved models – all 3M brand)

- ✓ 8210
- ✓ 1860S
- ✓ 9105
- ✓ 9105S

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HOW DO YOU KNOW IF YOU ARE REQUIRED TO GET A MASK FIT?

- Review the [Respiratory Protection Program Policy](#) (*on the MSH intranet page*)
- Review if your department or group is listed in the policy
- Ask your manager
- Review your previous Mask Fit Testing Card to verify the year (*required every two years*)

N95 MASK FIT TESTING SESSIONS

- Regular on going – sessions **click here for schedule**
- ****New registered sessions** *click here for details***
- To request a dedicated session for your team, email N95.MaskFit@sinaihealth.ca

DROP – IN Session

- Maximum of 12 will be in each session
- Priority will be given to those who come first
- If the session is full, you will be asked to wait for the next session or return to an alternate session

REGISTERED SESSIONS

- Maximum of 6 will be in each session
- Session will start 5 minutes after schedule time
- If you miss your appointment, you will be required to wait for the next session or reschedule

REMINDERS PRIOR TO TESTING :

Things To DO:

- All facial hair must be clean shaved where the respirator seals to the skin of the face or neck on the day of
- Bring your previous fit test card (if applicable)
- Complete the [Respirator Screening Form](#) (*if you are unable to print, arrive 10 minutes ahead of time to complete*)
- Bring water
- Arrive 5 minutes prior to the session

Things to NOT DO (prior to 30 minutes)

- Eat
- Chew Gum
- Drink (exclusion of water)
- Smoke

CONTACT INFORMATION:

N95.MaskFit@sinaihealth.ca